

Health and Wellbeing Strategy, Leeds Health and Care Plan and PC/EOL

Celebration Event 27th November 2019

*Paul Bollom
Head of Leeds Plan*



This is us: a compassionate city with a strong economy



DIVERSITY



17% of the population (137,000) is black and minority ethnic



spoken across Leeds



with largest local authority area in the UK



in population over next 25 years (775,000 in 2011)



and young people



EDUCATION AND ECONOMY



of entrepreneurs are female (highest in UK alongside Cambridge and Liverpool)



within private sector in 2014–2015 (highest of any UK city)



INNOVATION



of all digital health jobs in England



167+ medical technology and health informatics companies in Leeds

2 of the largest patient record providers are based in Leeds



Home to the largest digital festival in the North



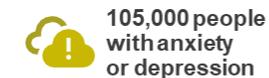
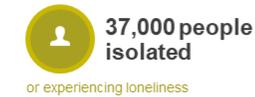
REGENERATION AND INFRASTRUCTURE



HEALTH AND CARE SECTOR



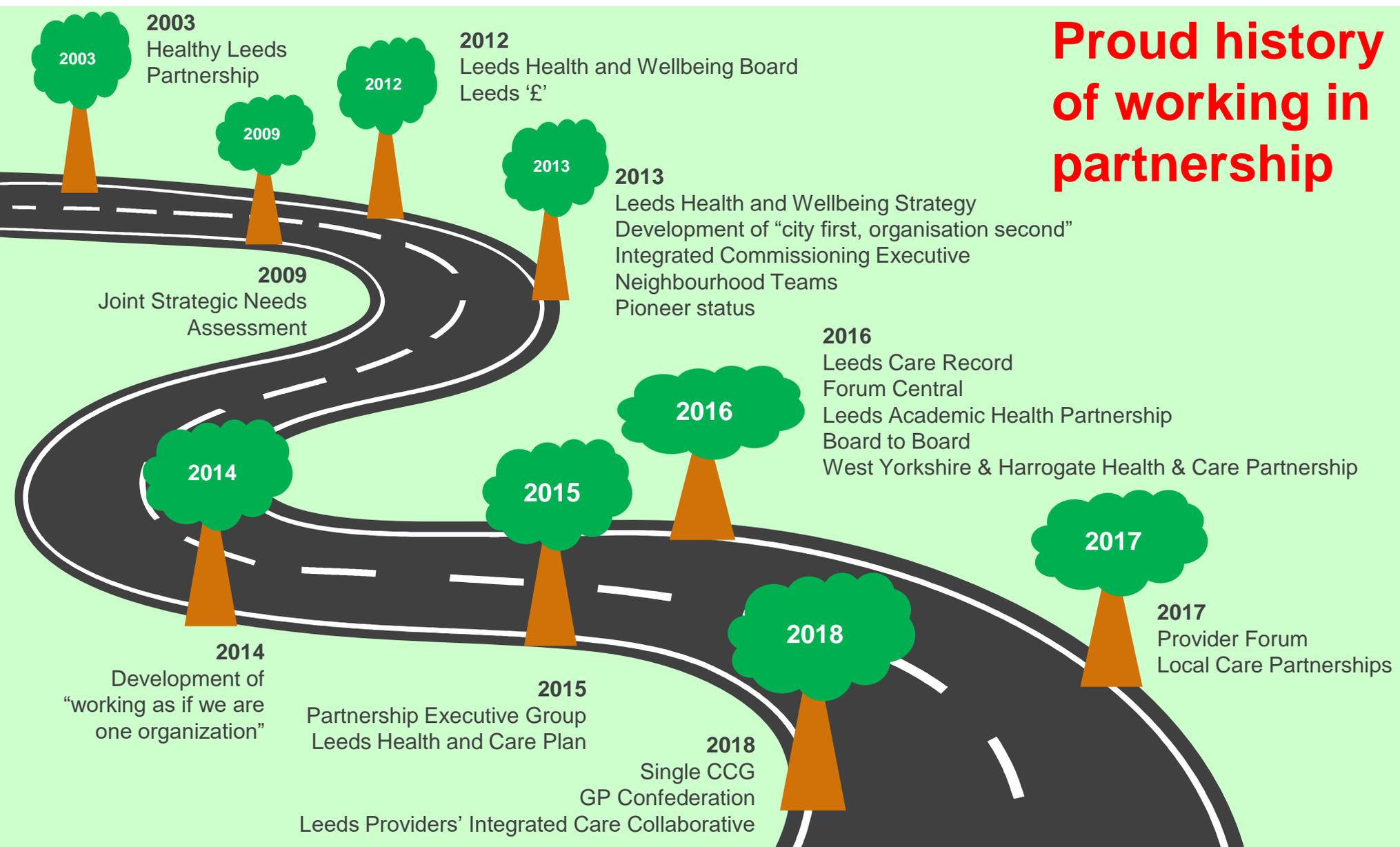
CHALLENGES



SUCCESSSES



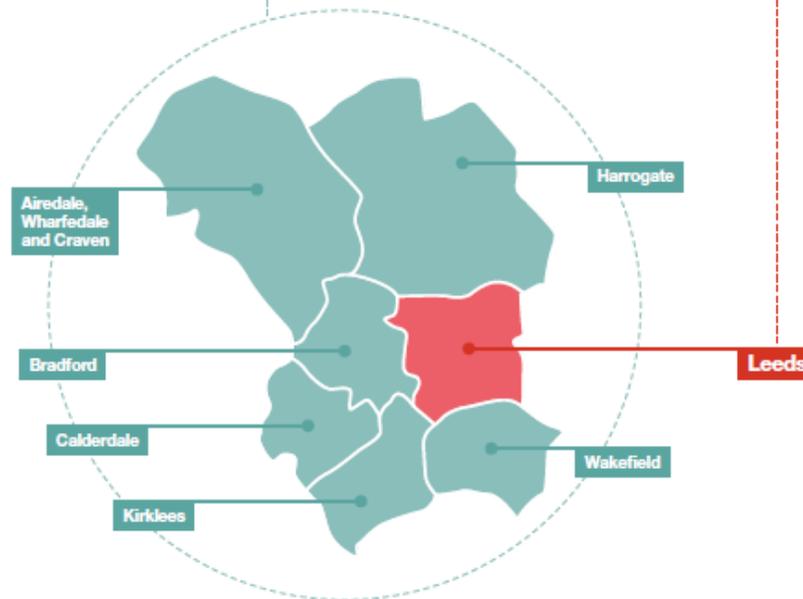
Proud history of working in partnership



Strong regional partner

West Yorkshire and
Harrogate Health and Care
Partnership

Leeds Health and
Care Plan



Our agreed actions and principles

Our bold ambition: Leeds will be the best city for health and wellbeing

Our clear vision: Leeds will be a healthy and caring city for all ages, where people who are the poorest improve their health the fastest

Principles of our approach

We put people first:

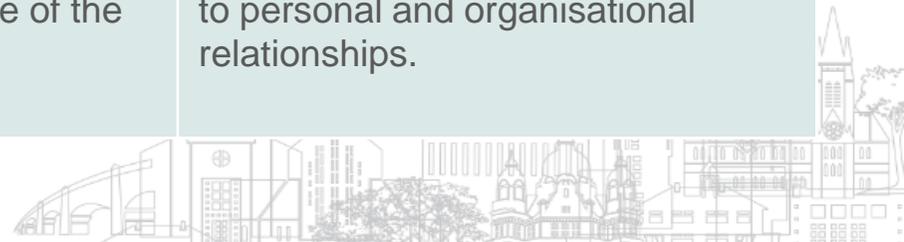
We work with people, instead of doing things to them or for them, maximising the assets, strengths and skills of Leeds citizens and our workforce.

We deliver:

We prioritise actions over words to further enhance Leeds' track record of delivering positive innovation in local public services. Every action focuses on what difference we will make to improving outcomes and quality and making best use of the Leeds £.

We are team Leeds:

We work as if we are one organisation, taking collective responsibility for and never undermining what is agreed. Difficult issues are put on the table, with a high support, high challenge attitude to personal and organisational relationships.

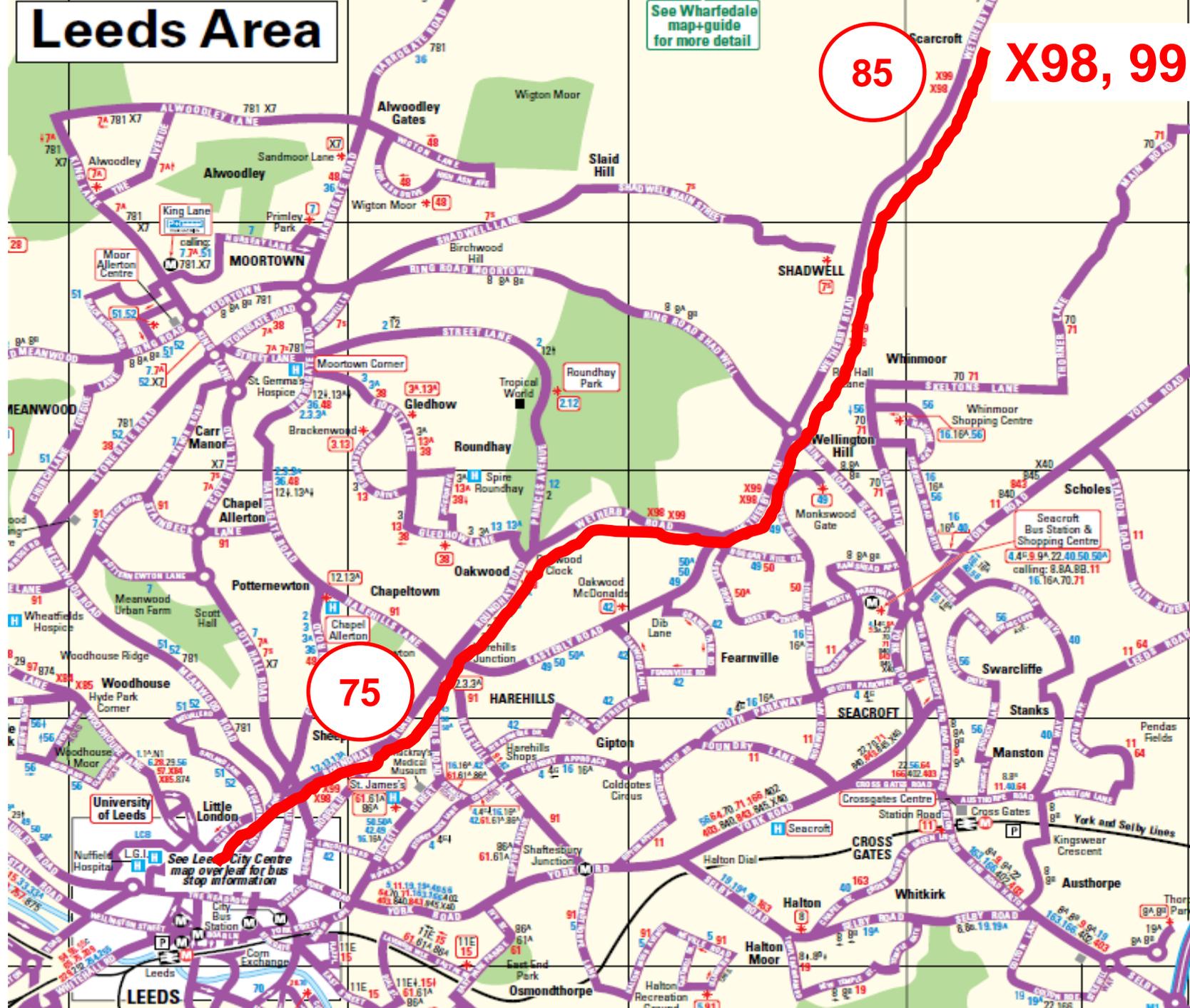


Leeds Area

See Wharfedale map-guide for more detail

85

X98, 99



See Leeds City Centre map overleaf for bus stop information

Seacroft Bus Station & Shopping Centre
calling: 8.8A, 8B, 11
16.16A, 70.71

Moor Allerton Centre
calling: 7.7A, 51
781.X7

Chapel Allerton
calling: 12.13A
12.13A

University of Leeds
calling: 1.1A, 1
1.1A, 1

LEEDS

Population Projections 2016-36

Leeds

781,087 people in 2016

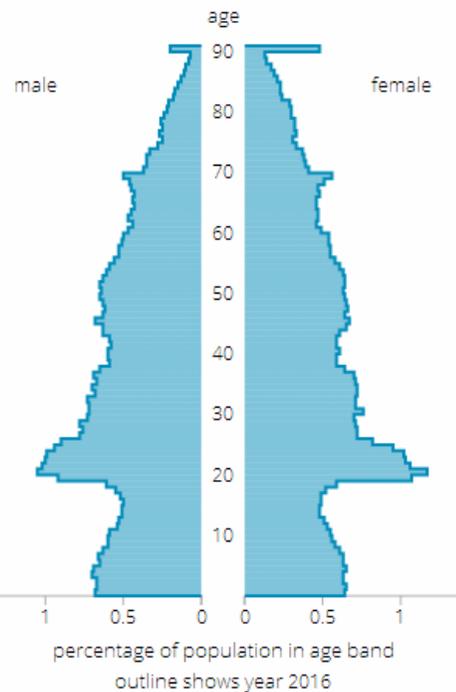
All ages

383,743 males

397,344 females

49.1%

50.9%



England

55,268,067 people in 2016

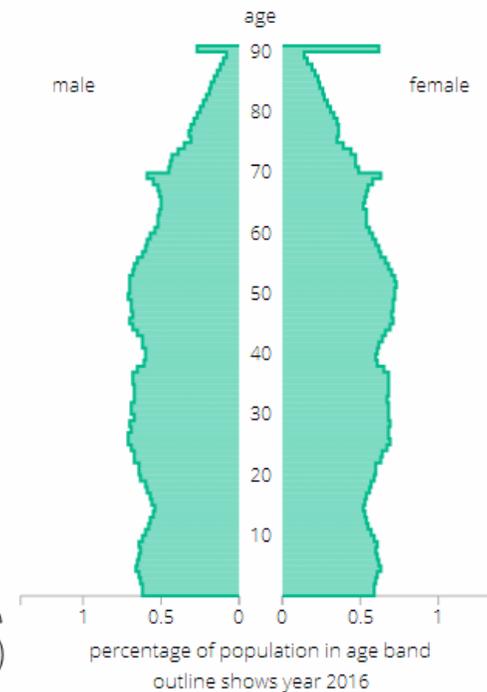
All ages

27,300,920 males

27,967,147 females

49.4%

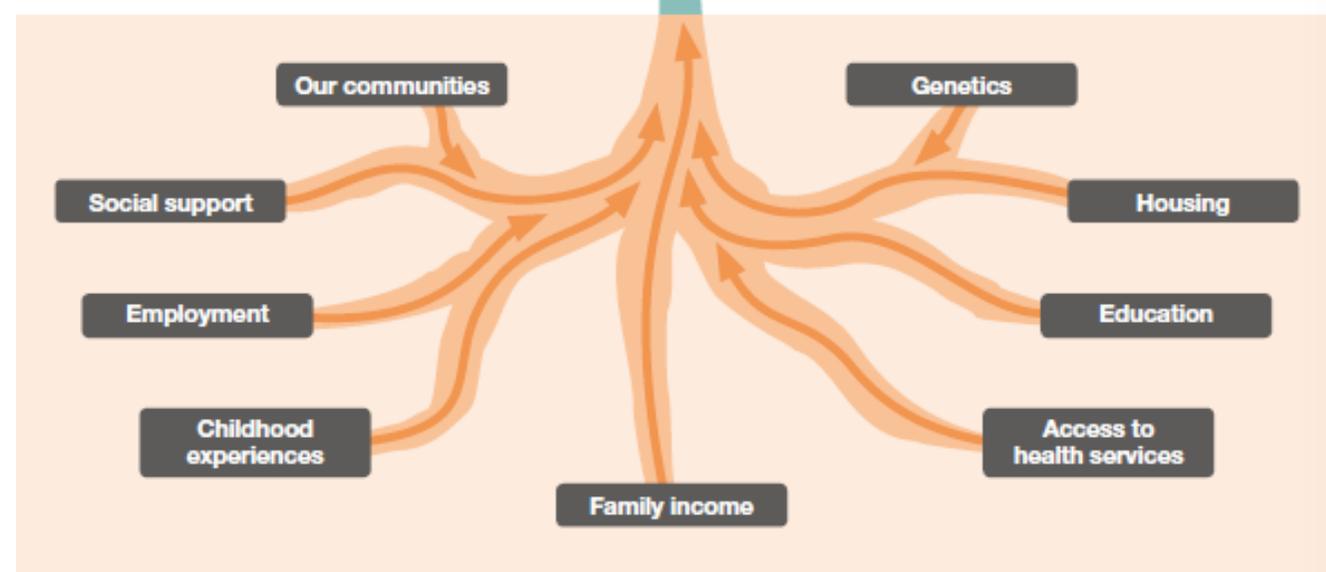
50.6%



2016



More than just health and social care...



Leeds Health and Wellbeing Strategy 2016-2021

We have a bold ambition:

'Leeds will be the best city for health and wellbeing'.

And a clear vision:

'Leeds will be a healthy and caring city for all ages, where people who are the poorest improve their health the fastest'.

5 Outcomes

1. People will live longer and have healthier lives
2. People will live full, active and independent lives
3. People's quality of life will be improved by access to quality services
4. People will be actively involved in their health and their care
5. People will live in healthy, safe and sustainable communities



Indicators

- Infant mortality
- Good educational attainment at 16
- People earning a Living Wage
- Incidents of domestic violence
- Incidents of hate crime
- People affording to heat their home
- Young people in employment, education or training
- Adults in employment
- Physically active adults
- Children above a healthy weight
- Avoidable years of life lost
- Adults who smoke
- People supported to manage their health condition
- Children's positive view of their wellbeing
- Early death for people with a serious mental illness
- Employment of people with a mental illness
- Unnecessary time patients spend in hospital
- Time older people spend in care homes
- Preventable hospital admissions
- Repeat emergency visits to hospital
- Carers supported



Our Leeds Health and Care Plan

What

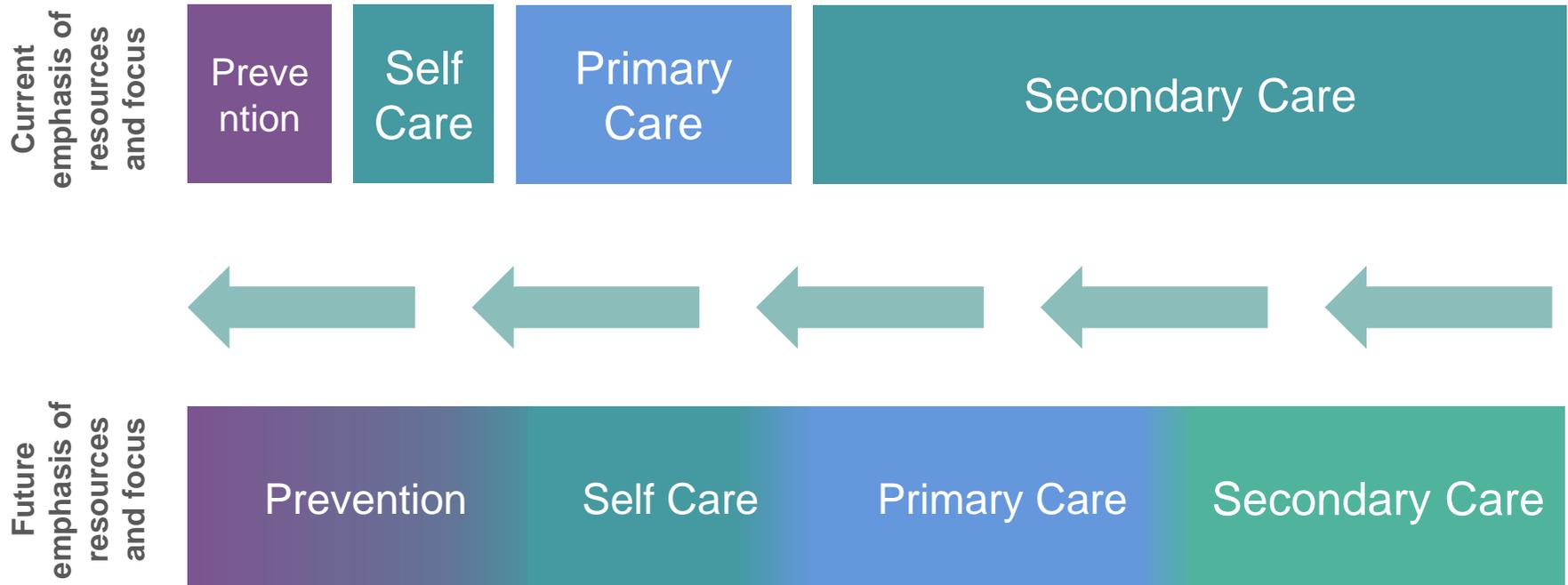
- Our description of what Leeds health and care will look like in the future and how it will contribute to the delivery of the vision and outcomes of the Health and Wellbeing Strategy.
- Our place based plan for the West Yorkshire and Harrogate Integrated Care System (ICS).

How

Two dimensions:

- 1) Principles, qualities and behaviours of how we all work with people
- 2) Specific transformation focus and actions to make significant and lasting change that:
 - Reduces health inequalities
 - Increases healthy life years for all ages
 - Creates a healthy city with high quality services, where people who are the poorest improve their health the fastest

Leads Left Shift



How did we get here...

- Held a number of workshops and conversations
- Used all of the insights and what people have said to help shape a draft narrative
- Working draft document shared, is aimed at colleagues working in decision making roles across our city's health and care partnership
- Plain English / easy to understand products for staff and public will be produced
- In process of agreeing specific actions and commissioning implications



Still to do...

- Continue incorporating feedback received
- Continue to improve flow and consistency of language and tone etc
- Continue to strengthen references around: mental health; end of life; power of communities; Third Sector; children and families; learning disabilities; left shift; Leeds as a regional partner; carers; health inequalities etc.
- Strengthen the explanation and implications of the 'left-shift'
- Sharpen the 'so what' ask of staff and partners
- Finalise the specific actions and commissioning implications



The following is an outline of the key areas described in greater detail in the Leeds Health and Care Plan narrative document. An accessible/plain English plan on a page will be produced over the coming months – DRAFT V3 – 10/9/19

Leeds Health and Care Plan

- Focuses transformation efforts to make significant and lasting change that reduces health inequalities and increases healthy life years for all ages, creating a healthy city with high quality services, where people who are the poorest improve their health the fastest.
- Contributes to achieving: 5 outcomes of our Health and Wellbeing Strategy and our place contribution to the West Yorkshire & Harrogate Integrated Care System.
- Created by our community health and care service providers, GPs, wider primary care, local authority, hospitals and commissioning organisations, citizens, carers, elected members, volunteer, community and faith sector and our workforce.

“Everything is connected”
To be the best city we need to reduce health inequalities, promote inclusive growth and tackle climate change.

This is Leeds

- A vibrant and diverse economy...but unequal. 170,000 of our 785 000 population live in areas where multiple economic, social and housing factors will (on average) lead to poorer health. More of our children and young people live or are born into these communities than in other cities.
- Partnership Principles: We Put People First; We Deliver; We Are Team Leeds.
- Culture and approaches – “Working with / Better Conversations”, “Asset Based”, “Home First”, “Think Family” and “Using our Leeds £ Wisely”.

← ← LEEDS LEFT SHIFT ← ←

Promoting good health	People at the centre of their care	Connected care closer to home
<p>Goal: a shift in focus from treating illness in isolation to promoting physical and mental wellbeing as an integral element of all health and care</p>	<p>Goal: People feel that services work with them as an equal partner in their health and care, and see them as a whole person – this means their physical, emotional, and mental health are all considered in the context of their family and social connections</p>	<p>Goal: People interact with health, care and community services nearer to where they live. Underpinned by Local Care Partnerships. Health and care professionals in the hospital work in an integrated way with community services</p>
<p>Building on continuous improvement: ↓ effects of air pollution; ↑ communities taking action through asset based approaches; ↑ health living throughout pregnancy; ↓ ‘overuse’ of antibiotics; ↓ obesity in childhood; ↑ services to improve behaviour change; ↓ adverse childhood experiences; ↑ investment in early intervention / prevention mental health services for children & young people; ↑ access and quality of mental health services for adults; ↑ early identification of health conditions in communities with the greatest health inequalities</p>	<p>Building on continuous improvement: ↑ support people with long-term conditions in a way that works for them; ↑ chances to be active, socially connected and maximise time spent in a fulfilling home life; ↑ annual health check offer to help people stay well, particularly those with autism, learning disabilities or mental ill health; ↑ support people to die in their place of choice wherever possible</p>	<p>Building on continuous improvement: ↑ access to support for children and families in community based child and family health and wellbeing hubs; ↑ mental health support in communities reducing mental health placement outside of Leeds; ↑ specialist support in communities for people with frailty; ↑ quality of medicines management; ↓ visits to the hospital where they could be provided elsewhere effectively especially outpatient appointments; ↑ access to quality information in reaching the right urgent care service; ↑ dedicated teams to support those living with learning disabilities / autism to live will in communities; ↑ urgent treatment centres; ↑ support to people with dementia to live independently</p>
<p>Transformational priorities:</p> <ul style="list-style-type: none"> • Moving more - Get Set Leeds • Building prevention into everything we do 	<p>Transformational priorities:</p> <ul style="list-style-type: none"> • Universal personalised care / strength and asset based person centred care 	<p>Transformational priorities:</p> <ul style="list-style-type: none"> • Local Care Partnerships (LCPs)

What will help us get there?

Working using **population outcomes** to focus services and activities on what matter most for people. Working as if we are one organisation and growing our own **workforce** from our diverse communities, supported by leading and innovative workforce education, training and technology. Making Leeds a centre for good growth becoming the place of choice in the UK to live, to study, for businesses to invest in, for people to come and work. Having the best connected city using **digital** technology to improve health and wellbeing in innovative ways. Using existing **estate** more effectively, ensuring that they are right for the job. Using our collective sound **financial** evaluation to get the best value for our ‘Leeds £’. Through clear communications and engagement create a common language and voice.

How we know we are improving

Increase the health and care contribution to the prevention of ill health

Increase the number of people who live well in their own homes and communities

Improve the mental health of people living in Leeds

How does it feel for me? – listening to people’s journey of care

RESULT: A healthy city with high quality services, where people who are the poorest improve their health the fastest

Reflections



#LeadingLeeds