LTHT

Leeds Integrated Respiratory Palliative MDT



What is it?

Monthly multidisciplinary team meeting to discuss the management of patients with severe respiratory disease with difficult to manage symptoms, recurrent admissions, and significant healthcare usage.

How does it work?

- Once a month, Thursday morning usually 3rd or 4th week of the month at 8:30 - 10:30am
- Remote via teams (invites sent out a few months in advance).
- List generated 24 hours before the meeting of the referrals received via email from the previous month and attached to the teams invite.
- Discuss 10 -12 patients maximum.
- Output from MDT Letter to GP generated via EPRO system at LTHT typed real time during MDT.

What are the benefits?

- Increase collaboration between healthcare professionals (Leeds Integrated Palliative COPD MDT | Respiratory Futures - Working Together for Better Lung Health, n.d.)
- Improve access to palliative care for patients with non-malignant respiratory disease
- Reduce acute admissions and length of stay (Boland et al., 2019)
- Improves Advance Care planning.

Who is it for?

Patients with severe respiratory disease with - a) difficult to manage symptoms, b) recurrent admissions, c) significant healthcare usage and d) mental health problems / anxiety affecting their symptoms.

Referral information

Who can make a referral?

Currently any member of the palliative MDT and their respective specialist teams.

NB Patients not already known to any of the MDT members should be initially referred to specialist services (e.g. Community Respiratory Team)

How do I refer?

Via email (no referral form) including:

- Name
- NHS number
- background of patients
- Reason for discussion / question for MDT

Membership of the MDT:

- Chair LTHT Respiratory Consultant
- LTHT Respiratory nurse specialists
- LCH respiratory nurses
- LTHT Palliative Care Consultant and specialist nurse
- Wheatfields Consultant and specialist nurse
- St Gemma's Consultant and Specialist nurse
- LYPFT– Liaison Psychiatrist (30 min only)

Contact details

leedsth-tr.respiratorypalliativemdt@nhs.net

