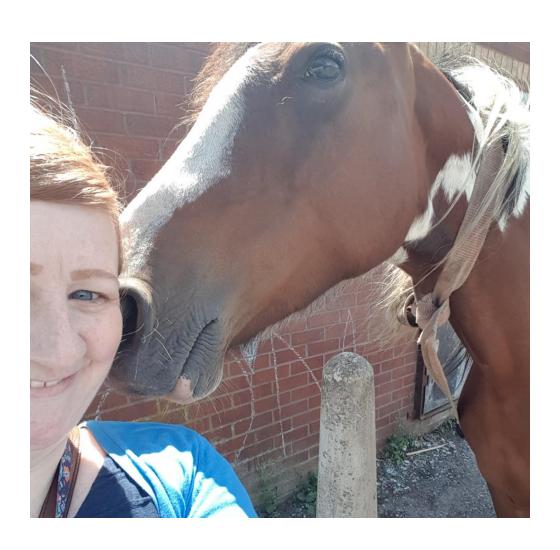
Gypsy and Travelling Community



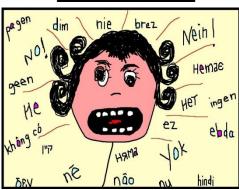
Culture

- Gypsies, Scottish
 Gypsy Travellers
 and Irish Travellers
 are recognised
 ethnic minorities
 under UK law
- Being a Gypsy or Traveller is not a lifestyle, it is who they are, regardless of Travelling.













Health needs and Inequalities

- Life expectancy around 50
- Literacy around 15%

- More likely to;
- Have experienced the death of a child
- Been affected by suicide
- Be a carer
- Have a long term condition
- Have anxiety and depression.

Asset Based Community Development

- We care about each other
- We look after our old, sick, disabled. They are important to us
- We are resourceful
- We have a great sense of humour



End of Life Care in The Gypsy an Traveller Community.

*Literature outlines that the travelling community experiences younger mortality rates and greater risk of chronic illness than the general population of the UK. *A local Community Health Needs Assessment identified that poor access to, and uptake of, health services, especially within primary care, is a key factor in these health inequalities (NHS local Clinical Commissioning Group, 2015).

*The CQC (2016) identified that there is a gap in the provision of end of life care for Gypsies and Travellers in the UK, and that the end of life care needs of these individuals are not being met in the community

Reasons for poor access to services

BARRIERS:

- *Difficulties in accessing GPs/lack of relationship with GPs
- *Discrimination and racism
- *Lack of understanding of culture
- *Healthcare structures
- *Culture of self sufficiency
- *Lack of knowledge or insight into resources

MY RESEARCH

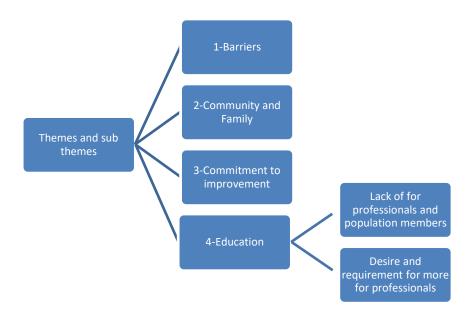
How effective is the provision of specialist palliative care services to the Gypsy and Traveller population in the local area?

<u>Findings</u>

Percentage of staff with experience of caring for population members

Total having experience of caring for members of the gypsy and traveller population	35%
Experience of providing in care in their own homes	29%
Experience of care within the hospice inpatient environment	11%
Experience of care within day therapy at the hospice	0%
Experience of non-nursing staff	0%

Emergent themes



Identified Barriers health care	Identified barriers Gypsy and
professional group	Travellers Population group
Not being registered with GPs	Poor access to GPs
Not having good relationships with GPs	Travellers can hide from illness
Lack of staff understanding of culture	Lack of understanding
Health care structures	Lack of willingness for professionals to visit site
Discrimination	Discrimination
Volume of visitors	Travellers like to care for each other. May not feel they need support
Mistrust of professionals	

EXPERIENCES

All community members relayed positive experiences of palliative care received.

On site, we find seeing nurses coming to see those that are unwell hopeful, we know it means they are getting support."

"I'd advise anyone to accept the help of palliative care services"

"At first we thought we'd rather care for my sister ourselves, we didn't want other people involved. But we did have them been come in, to support us, to tell us what to do. The support from the palliative care service was like a relief to us.

66% of population members reported feeling they were discriminated against in relation to healthcare.....

"I was called a Pikey by an A and E nurse"

"district nurses visit in pairs – I don't know why this is necessary"

"as a society we are dismissive of Gypsy and Traveller culture"

"People won't come on site because it's "violent". In your street there might be five amazing people, but one rotten one. People are all the same."

"Staff wouldn't come out to care for Daddy (with dementia) because we are travellers. When I asked the lady outright on the phone she admitted it."

"There is a travelling community roadside locally at the moment. They're there very short term for a funeral. The local community and the police are focussed on moving them on. The land is normally unused."

"I think racism is massive. There are prevalent prejudices and prejudgements. It's sad."

Moving Forwards...

- Enhanced services would ensure members of the Gypsy and Traveller population are given support and choice at end of life, and are treated with the same dignity and respect that other population groups routinely are at end of life
- Collaboration between services is required, in particular, between specialist palliative care services, the Gypsy and Traveller outreach nurse, and GPs.
- A bespoke service, including in-reach services into the community, that provide an appropriate level of care to community members, in their own environment, is indicated.

