

# Palliative and End of Life Care for Adults in Leeds



*Dr Mike Stockton*

*Chair of Leeds Palliative Care Network*

*Chief Medical Officer, Consultant in*

*Palliative Medicine, St Gemma's Hospice,*

*Leeds*

# National Context



Around half of all deaths occur in hospital (the least preferred place)

Uncontrolled symptoms result in hospital admission  
1 in 3 emergency admissions are for people in the last year of life



30% of hospital in-patients are in the last year of life

20% of NHS costs are spent in the last year of life



Palliative care can save cost overall especially if provided early

# Death and Dying in Leeds



6,850 deaths per year



75% of deaths estimated to benefit from palliative care approach  
*(Etkind et al, BMC Medicine, 2017)*

5,000 deaths per year across Leeds  
would benefit from palliative care approach



# Death and Dying in Leeds

Disease	%
Cancer	27.1%
Circulatory	26.7%
Respiratory	12.4%

Dementia mentioned in 15%

Rising multimorbidity

Age	%
0-64	17
65-74	16
75-84	29
85+	38

Where people die	Hospital	Home	Care Home	Hospice
Present	45.4%	23.8%	18.8%	10%
Trend last 10 years	10.6% reduction	4.7% increase	4.1% increase	2.3% increase



# Future trends: by 2040

- Annual deaths projected to rise 25%
- Greatest rise in the aged 85+ group
- In Leeds, up to 1,700 additional patients dying per year

Palliative care need may rise as high as 40 per cent

- Duration and complexity

Cancer  
Dementia  
Frailty

Multimorbidity



# Recognition and Planning Ahead

- Electronic Palliative Care Coordination System (EPaCCS)
- Recommended Summary Plan for Emergency Care and Treatment (ReSPECT)

## EPaCCS in Leeds 2018/19

- 45% of people who died in Leeds has EPaCCS
- 73% achieved preferred place of death
- EPaCCS increases quality of care and likelihood of preferred place of death
- Aspiration for 2019/20 is 60% uptake



**Dying Matters**  
in Leeds

*Let's talk about it*

Established 2015

Multi-agency partnership

- Leeds City Council
- NHS
- University of Leeds
- Voluntary Sector
- Private Sector

## Stakeholder and community engagement

Annual city centre event  
Death Cafes



## Building capacity

Community grant scheme  
Training



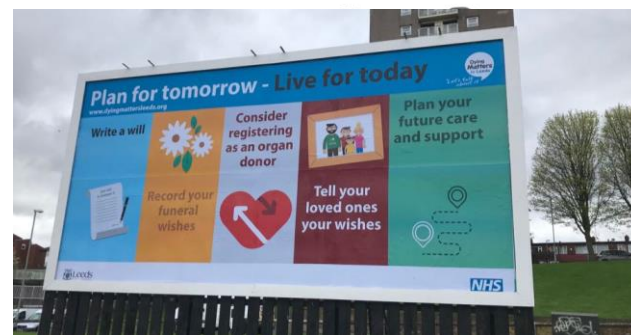
## Communications and marketing

Website

Clear consistent key messages:

- Write a will
- Record their funeral wishes
- Plan their future care and support
- Consider registering as an organ donor
- Tell their loved ones their wishes

[#dyingmattersLDS](#)



# Leeds Palliative Care Network ...what is it ?



Leeds Palliative  
Care Network



Collaborative  
partnership of all  
palliative and end of  
life care providers



Whole system issues  
and approach



Delivering improved  
outcomes

- Service improvement
- Medicines management
- Education and research
- Information and technology



Systems  
transformation



Leeds Health and Wellbeing Board



# Members

## Core Group



Leeds Community Healthcare NHS Trust

The Leeds Teaching Hospitals NHS Trust

Leeds and York Partnership NHS Foundation Trust

Leeds City Council

St. Gemma's Hospice Always caring

Sue Ryder Wheatfields Hospice

## Wider Partners



NHS Yorkshire Ambulance Service NHS Trust

CARE & REPAIR LEEDS KEY TO INDEPENDENT LIVING

Carers Leeds Working together to support carers

LEEDS GP CONFEDERATION

Leeds ageUK

LEEDS BEREAVEMENT FORUM

healthwatch

Leeds Academic Health Partnership Innovation through Collaboration

LEEDS CARE RECORD Shared information. Better care for you.

Forum Central A collective voice for the health and care third sector

Learning Disability

Health & Care

Older People

Mental Health

Physical & Sensory Impairment



# LPCN...highlights this last year

- New website
- Planning Ahead: EPaCCs and ReSPECT
- Bereaved Carers Survey
- Palliative Care Ambulance
- Medicines Management
- Tele-education (ECHO)
- Dementia and EOL
- Working on Population Outcomes and PHM



# DRAFT PEOLC Outcomes for Leeds

Each person is seen as an individual who is able to influence their care in a way that matters to them

People in Leeds with palliative and end of life needs are recognised and have fair access to services

People in Leeds are supported to live well as long as possible, maximising comfort and wellbeing

Palliative and end of life care in Leeds is well coordinated

People providing palliative and end of life care are equipped to do so

Communities are ready, willing and able to support people with palliative and end of life care needs

Family carers, relatives and others close to dying people are well supported during and after their care



# Draft Leeds Palliative and End of Life Care Framework for Adults



# Priorities for the Future

- **Culture Shift:** open and prepared to talk about death and dying
- **Access to care and services**
  - Consistent recognition of need
  - Equity of access
  - Earlier integration
  - Single point of access
- **Communication and coordination:**
  - increased use of Advance Care Planning
  - Interoperability
- **Out of Hospital care**
  - Increased funding
  - Care Homes
  - New Models of care
- **Digital enhancement:** clinical, workforce and data
- **Workforce:** new roles, training and development



# What are we Asking from You?

- Recognise people receiving palliative care and those at end of life as a key priority population for the partnership and in city plans
- Provide feedback on the draft population level outcomes for people at end of life, and on further engagement
- Provide feedback on the draft Leeds Palliative and End of Life Framework
- To initiate, address and measurably improve the EOL experience for people of Leeds



# THANK YOU



## Leeds Palliative Care Network

