



Update: End of Life Doula UK and Leeds ICB Pilot Project

Brief Background to Project

- End of Life Doulas:
 - Provide practical, emotional (and if required, spiritual) support to those living with a life-limiting illness, their families and others who are important to them
 - A flexible and consistent presence, able to fill gaps in existing support and work alongside health and social care professionals
 - Provide support at any stage from diagnosis, in later stages of illness, through the dying process, and may continue to provide support after the person has died
- EoLDUK is the membership association and community of practice for EoL Doulas in the UK. Members are self-employed but work to a code of conduct which includes DBS and insurance requirements, mentoring and safeguarding policies
- Commissioned to provide 1500 hours of support as a pilot project, with referrals beginning in May 2022
- Evaluation by the Open University

So far...

- 9 EoL Doulas in team, 7 currently supporting people
- 98 referrals to date at time of writing
- 28 people currently receiving support
- 13 people declined support
 - Have enough support
 - Close to end of life
- Key learning so far:
 - Majority of referrals (87 out of 97) coming from Health Case Management Service, almost all fast-track referrals
 - A different way of working compared to other areas
 - A role for us assisting those with additional support needs

Case Studies









Can we do more?

- Depends on earlier referrals and people knowing about the service
 - Some of main things we can do not currently utilized due to timing of referrals e.g., advance planning
 - Increasing GP referrals this is happening slowly
- Small number of referrals declined due to doula availability in area
 - With more EoL Doulas training people in communities



Questions