

Guidance for professionals on how to complete LN004674 **(Not to be given to patients/carers)**

Who this management plan is for and why it should be considered

- Palliative care patients who are at significant risk of seizures.
- To enable relatives to feel confident in managing seizures.
- To avoid inappropriate hospital admission for a person who may be in the last weeks/days of life.

How to recognise a seizure

- There are several types of seizures for example, focal (affecting individual limbs, or the individual becomes vacant). Consider including what to expect for the individual patient.

Management plan for seizures

- This should include their regular medication to prevent seizures, and can include how to care for the individual, how long their seizures normally last for and how they are post seizure.

Emergency medication supplied

- Please document medication prescribed for emergency management of seizures. The usual adult dose of buccal midazolam is 5 to 10mg.
- Please document other anticipatory medication prescribed.
- Please ensure all drugs are transcribed to the Medicines Administration Record (MAR) chart.

When to call for help

- Consider how long to leave the individual before calling for assistance, and whether hospital admission would be appropriate in any circumstances.
- This should be discussed with the individual and family.

Who to call for help

- Please provide numbers for community nurses, GP and any one close to the individual.
- Suggest GP/out of hours (OOH) GP or 999 for persistent seizures.

****The information in this leaflet is to support and not replace a full and thorough face to face consultation with the patient****

If you feel that you need any support with this conversation or the contents of this management plan, please contact the relevant hospital or community specialist palliative care team.

Useful contact numbers:

LTHT Hospital Palliative Care Team:

0113 206 4563

Wheatfields Community Team:

0113 278 7249

St Gemma's Community Team:

0113 218 5500

ReSPECT and EDAN

Please ensure any relevant information is also available on the patient's ReSPECT plan and EDAN