

## **Guidance for professionals on how to complete LN004062** **(Not to be given to patients/carers)**

### **Who this management plan is for and why it should be considered**

- Palliative care patients who are at risk of significant bleeding (either from existing bleeding source or where tumour may erode into a major blood vessel).
- To enable relatives to feel confident in supporting a patient with bleeding.
- To avoid inappropriate hospital admission for a person who may be in the last weeks/days of life.

### **Management plan for bleeding**

- Practical advice and reassurance is already included in the leaflet. Where significant bleeding is likely to be a terminal event, midazolam IM is usually supplied to be administered by health care professionals to make the patient less aware of the distressing situation.
- There can be delays in waiting for community staff to administer IM medication, and consideration should be given as to whether the patient would benefit from the relatives/friends having access to buccal midazolam which can be administered more rapidly. This decision will depend on tumour site (eg may not be practicable for a patient with an oral cavity lesion) and availability and willingness of relatives/carers to administer the drug.

### **Emergency medication supplied**

- **Please document all medication prescribed for emergency management of bleeding in the free-text box provided on the leaflet.** The usual adult dose IM midazolam is 10mg and the usual dose of buccal midazolam is 5 to 10 mg.

- Please document other anticipatory medication prescribed.
- Please ensure all drugs are transcribed to the Medicines Administration Record (MAR) chart.

### **When to call for help**

- Consider how long to leave the individual before calling for assistance, and whether hospital admission would be appropriate in any circumstances.
- This should be discussed with the individual and family.

### **Who to call for help**

- Please provide numbers for community nurses, GP and any one close to the individual.
- Suggest GP/out of hours (OOH) GP or 999 for persistent seizures.

***\*The information in this leaflet is to support and not replace a full and thorough face to face consultation with the patient\****

If you feel that you need any support with this conversation or the contents of this management plan, please contact the relevant hospital or community specialist palliative care team.

### **Useful contact numbers:**

#### **LTHT Hospital Palliative Care Team:**

**0113 206 4563**

#### **Wheatfields Community Team:**

**0113 278 7249**

#### **St Gemma's Community Team:**

**0113 218 5500**

#### **ReSPECT and EDAN**

Please ensure any relevant information is also available on the patient's ReSPECT plan and EDAN